

IF YOU'RE JUST BEGINNING TO DANCE ...

BALLROOM DANCE DIRECTORY FOR THE TWIN CITIES COMPLEMENTS OF USA DANCE-MINNESOTA



STUDIOS

Studios and independent instructors often provide introductory lessons and packages for beginners. Typical services include private and group instruction and practice dance parties.

Arthur Murray Dance Studio
5041 France Ave. S., Minneapolis
612-920-1900
www.arthurmurraympls.com

Arthur Murray Dance Studio
534 Selby Ave., St. Paul
651-227-3200

Ballroom & Wedding Dance Studio
2717 42nd St. E., Minneapolis
651-371-0300
www.myballroomdancestudio.com

Cheek to Cheek Dance Studio
11415 NW Foley Blvd., Coon Rapids
763-755-3644
www.cheektocheekdancestudio.com

Cinema Ballroom
1560 St. Claire Ave., St. Paul
651-699-5910
www.cinemaballroom.com

Classic Ballroom
4152 Lancaster Ln N., Plymouth
763-557-6004
www.time-to-dance.com

Dancers Studio
St. Paul & Woodbury
651-641-0777
www.dancersstudio.com

ERV Studio
816 1/2 Mainstreet, Hopkins
612-240-9053
www.ervdancestudio.com

Foster's DanceSport Ballroom
550 Market Street, Chanhassen
952-210-6252
www.dancesportballroom.com

Four Seasons Dance Studio
1637 Hennepin Ave. S., Minneapolis
612-342-0902
www.fourseasonsdance.com

Fred Astaire Dance Studio
5300 S Robert Tr., Inver Grove Heights
651-451-6300
www.fredastaire.com

Let's Dance
2540 Park Avenue S., Minneapolis
612-703-8040
www.letsdancetonight.com

On Your Toes Dance Studio & Retro Ballroom
5810 W 36th St., St. Louis Park
952-928-7803
www.onyourtoes.org

Rendezvous Dance Studio
711 W Lake St., Minneapolis
612-872-1562
www.theplacetodance.com

RenéDance Studios
612-578-2110
www.renedance.com

Social Dance Studio
3742 23rd Ave. S, Minneapolis
612-353-4445
www.socialdancestudio.com

INDEPENDENT INSTRUCTORS

Scott Anderson
612-816-4446

Michael Bang
612-799-4147

Sondra Chan
612-868-3344
www.gottadancenow.com

Dean Constantine
952-476-4044

Nathan Daniels
763-545-8690

Lois Donnay
612-822-8436
www.mndance.com

Donna Frykman
651-777-5447

Cindy & Terry Gardner
651-558-0562
www.tcswing.com

James Wood
612-600-5129

Julie Jacobson
651-261-6442

Tony Karadzhov
612-701-5604

Julia Leigh
612-872-0924

Monica Mohn
612-874-0747

Mariusz Olszewski
612-242-5159

Eric Remsen
612-724-3156

Mary Rosenstiel
612-720-2584

Brett Stepan
952-432-6969

CLUBS & ORGANIZATIONS

Dance organizations provide regular dances. Dances typically begin with an hour dance class suitable for beginners.

3M Dance Club
651-777-6034
www.usfamily.net/web/cfritchie/danceclub.htm

Café Bailar Dance Club
612-600-5129
www.cafebailar.com

Chinese American Ballroom Dance Association
612-720-1587

forDanSa Ballroom
651-278-4434
www.fordansa.com

Havin' a Ball Singles Dance Parties
651-493-9658
www.havinaballLLC.com

Minnesota West Coast Swing Dance Club
mnwestcoastswingdanceclub.com

Tango Society of Minnesota
763-576-3349
www.mntango.org

Tapestry Folkdance Center
3748 Minnehaha Ave. S., Minneapolis
612-722-2914
www.tapestryfolkdance.org

Singles All Together
952-930-0867

TGIS Singles Dance
763-503-5444
www.tgisdances.com

Twin Cities Ballroom Dance Club
7166 10th St. N., Oakdale
651-735-2233
www.twincityballroom.com

Twin Cities Rebels West Coast Swing Dance Club
952-941-0906
www.tcrebels.com

University of Minnesota U-Swing
www.umn.edu/~uswing

University of Minnesota Argentine Tango Club
www.tc.umn.edu/~utango

University of Minnesota Ballroom Dance Club
651-649-4505
www.tc.umn.edu/~bdc/bdc.html

University of Minnesota Faculty Dance Club
go.to/facultydance

University of Minnesota Salsa Club
www.tc.umn.edu/~salsa

USA Dance-Minnesota (Twin Cities)
651-483-5467
info@usadance-mn.org
www.usadance-mn.org

USA Dance-Northern Lights Chapter (Fargo)
northernlightsballroom.org

USA Dance-Southern Minnesota (Rochester)
www.somnusabda.org

NIGHT SPOTS & BALLROOMS

331 Club, Minneapolis
Babalu, Minneapolis
Baja Sol, Inver Grove Heights
B-Dale Club, Roseville
Black Dog Café, St. Paul
Blue Moon Ballroom, Rochester
La Bodega & Liola, Minneapolis
Casa Vieja, St. Paul
Conga Latin Bistro, Minneapolis
Dakota Jazz Club & Restaurant, Minneapolis
Dixie's On Grand, St. Paul
Famous Dave's, Minneapolis
First Avenue, Minneapolis
Half Time Rec, St. Paul
Lee's Liquor Lounge, Minneapolis
Loring Pasta Bar, Minneapolis
Mancini's, St. Paul
McMahon's Pub, Minneapolis
Medina Entertainment Center, Medina
Minneapolis Eagle's Club, Minneapolis
Minnesota Music Café, St. Paul
Neumann's Bar, St. Paul
El Nuevo Rodeo, Minneapolis
Oddfellow's Hall, Minneapolis
Old Arizona, Minneapolis
Picosa, Minneapolis
The Times Bar & Grill, Minneapolis
Shakopee Ballroom, Shakopee
SOS Social Club, Oakdale
Stark's, Egan
Trocadero's, Minneapolis
Varsity Theater, Minneapolis
Wabasha St. Caves, St. Paul
Waconia Lakeside Ballroom, Waconia
Winthrow Ballroom, Stillwater

LISTSERVES & WEBSITES

Stay in touch with the local dance scene through these resources.

Go4Dancer (webcalendar & listserve)
www.go4dancer.com/go4dancer/index.htm

Lynne Schulz (listserve)
lynneschulz@cpinternet.com

MNDancers (website & listserve)
donnay.net/mailman/listinfo/dancers_donnay.net

Minnesota Lindy (webcalendar & blog)
www.minnesotalindy.com

Salsa Web (website)
cityguides.salsaweb.com/minnesota/minneapolis.htm

TC Swing (webcalendar, listserve & magazine)
www.tcswing.com

TriciaDancer (webcalendar & listserve)
www.triciadancer.com

USA Dance-Minnesota (webcalendar, listserve & magazine)
www.usadance-mn.org

ABOUT USA DANCE-MN

USA Dance-Minnesota is a volunteer-based organization dedicated to promoting ballroom dancing as both social recreation and competitive sport. Activities include:

- Monthly social dances (every third Saturday),
- Tea Dance & Brunch (May),
- *Star of the North* dance competition (February),
- Dance demonstrations and performances,
- Monthly *Dancing Times* newsletter,
- Dance Hotline – 651-483-5467
- Portable dance floor available for use by local dance organizations

USA Dance-Minnesota is Chapter #2011 of USA Dance.
www.usadance.org

